



Learn More. Create Change.

Discover a collection of training resources designed to support the development of Age-Friendly Communities.

These materials offer practical knowledge, tools, examples, and inspiration across six key domains:



Community & Health Care



Transportation



Housing



Social Participation



Outdoor Spaces & Buildings



Respect & Social Inclusion

Use these resources to strengthen your skills, promote active ageing, and help build more inclusive and accessible communities for older adults.

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Community and Health Care

- Integrated care for older people
- A qualitative Case Study



Transportation

- Cycling Without Age
- GOAL: Growing Older, stAying mobiLe



Housing

- Ageing in Place
- Intergenerational housing





Social Participation

- [Overview of Social Participation in Older Adults](#)
- [impacts of older adults social participation on their health](#)



Outdoor Spaces and Buildings

- [The 7 Principles of Universal Design](#)
- [Self-Assessment Site Specific Checklists](#)



Respect and Social Inclusion

- [WHO's role in the UN Decade of Healthy Ageing](#)
- [Explore diversity in ageing, ageism, and the life-course perspective](#)

